

# Tracy Roden

- Facilitator, leadership trainer and executive coach
- My core values: making a difference, trust and environmental awareness
- Clients find me: inspiring, pragmatic and authentic
- Favourite pastime: travelling globally and walking in the Yorkshire hills

Having run my own people development business for seven years, I have successfully delivered a wide-range of development solutions at a variety of leadership levels. I have a proven track record working with leaders in a wide range of businesses and sectors; making a difference through a pragmatic, engaging and authentic style of delivery.

I have a grounded, down to earth, practical and results focused approach to the development of both individuals and teams. I hold qualifications in L&D, coaching and a range of psychometric tools to enable significant personal and organisational change. I have a passionate interest in positive psychology which underpins many of my development solutions.

I live in Holmfirth, West Yorkshire (famous for 'Last of the Summer Wine') and love nothing more than walking and enjoying the scenery and the challenging hills around me and stopping off at a country pub along the way.

I love spending time with my many nieces and nephews who mean the world to me and thoroughly enjoy travelling and experiencing new places and cultures.

