

Ruth Taylor

- Executive coach and mentor
- My core values: positive attitude, listening and integrity
- Clients find me: knowledgeable, supportive, focused and flexible
- Favourite pastime: enjoying my garden with family and friends

My professional background is in HR and housing management. An experienced executive coach and mentor, I enjoy working with individuals to achieve change within their organisations. I am motivated by a belief that everyone has huge potential and a unique and significant part to play in the world. I love to work with people to support their personal development to become more effective leaders.

Working for over 20 years at a senior level within the public sector and not-for-profit organisations, within the housing sector, I have enjoyed managing teams, delivering services and communicating effectively with Board members, senior managers and staff at all levels.

I am experienced in coaching and mentoring senior managers to achieve improvement in areas such as understanding themselves and others, influencing and communicating with decision-makers, leading teams and services, time-management and creating an environment in which people can feel engaged and motivated.

I hold qualifications in coaching and mentoring, leadership and management, and economics and sociology. I find working with groups of people and individuals satisfying and stimulating, exploring with them their unique attributes and how these can contribute to the success of their organisation.

I live in the North West with my husband and 'The Boss' - our lovely cat. I find working in my garden to be creative and freeing. Feeding the wildlife is a real pleasure. Cruise holidays are a particular favourite for a "taster" of different places. I work on keeping myself as healthy as possible physically, mentally, emotionally and spiritually. I am involved with my local church and endeavour to live in a way that benefits people locally and in the wider world.

